



# Shufu Ju-No-Kata Clinic

## Saturday, June 16, 2012



**Schedule:** 9:00-4:00 Ju-No-Kata Clinic USJF SANCTION NO: 12-06-01

**Location:** College Park Community Center  
5051 Pierce Ave  
College Park MD  
301-411-2647

**Eligibility:** Current USJI, USJF, or USJA membership.  
Must have your card or proof of membership at the time of registration.

**Entry Fees:** Registration: \$25.00 if registered before June 11 (post marked before June 11)  
\$35.00 after June 11 or on site

Mail with registration form to:

M-NCPPC  
Judo Kata Clinic  
5051 Pierce Ave  
College Park MD 20740

**Clinicians:**

<p><b>Peggy Whilden Godan</b></p> <p>Started judo in 1972 Competed Nationally from 1976 to 2005</p> <p>Ju-no-kata placing 1<sup>st</sup> almost every year Katame-no-kata placing 1<sup>st</sup> almost every year Nage-no-kata 3<sup>rd</sup> - Grand Champion that year</p> <p>USJI Outstanding competitor for the year in the 80's</p> <p>Competed in Pan American two times Katame-no-kata 1<sup>st</sup> Ju-no-kata 1<sup>st</sup></p> <p>World Masters Judo Championships at the Kodokan Katame-no-kata 1<sup>st</sup></p> <p>Class A judge for six katas: Ju-no-kata, Katame-no-kata, Nage-no-kata, Kime-no-kata, Goshinjitsu, Itsutsu</p> <p>Currently Judging at Nationals</p> <p>Judged four years at World Masters and Fukuda Kata Tournament</p> <p>Member of the board of examiners in Shufu USJF Kata Committee member</p>	<p><b>Karen Whilden Godan</b></p> <p>Started judo in 1970 Competed Nationally from 1974 – 2009 in kata</p> <p>Ju-no-kata 1<sup>st</sup> place 3x, 2<sup>nd</sup> place 3x, 3<sup>rd</sup> place 1x Katame-no-kata 1<sup>st</sup> place 5x, 2<sup>nd</sup> place 9x, 3<sup>rd</sup> place 4x Nage-no-kata 1<sup>st</sup> place 12x(tori), 2<sup>nd</sup> place 9x (uke &amp; tori), 3<sup>rd</sup> place 2x (uke) Goshinjitsu 1<sup>st</sup> place 5x, 3<sup>rd</sup> place 1x Kime-no-kata 2<sup>nd</sup> place 1x</p> <p>National Grand Champion 9 times Placed on both sides of Nage-no-kata, Katame-nokata, Ju-no-kata, and Goshinjitsu at Nationals.</p> <p>Competed in Pan American's from 2001 – 2009 Ju-no-kata 1<sup>st</sup> place 3x, 2<sup>nd</sup> place 1x Katame-no-kata 1<sup>st</sup> 4x Nage-no-kata 1<sup>st</sup> place 3x, 2<sup>nd</sup> place 3x, 3<sup>rd</sup> place 1x Placed in Katame-no-kata in Pan Ams (uke &amp; tori)</p> <p>USA team member at the Kodokan's 1<sup>st</sup> International Kata Competition USA team member at the 1<sup>st</sup> World kata Championship</p> <p>Class 'A' judge in ju-no-kata, katame-no-kata, nage-no-kata Member of Shufu board of examiners Shufu kata chair Member of Virginia Judo Inc board of directors</p>
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**Directions:**

**Note: I-95 and 495 (Capitol Beltway) share the same highway from Springfield, VA to College Park, MD**

**Northbound On I-95/495:**

Follow the beltway to exit 25. At the top of the ramp, turn left onto Baltimore Ave (Rt. 1).

**Southbound on I-95:**

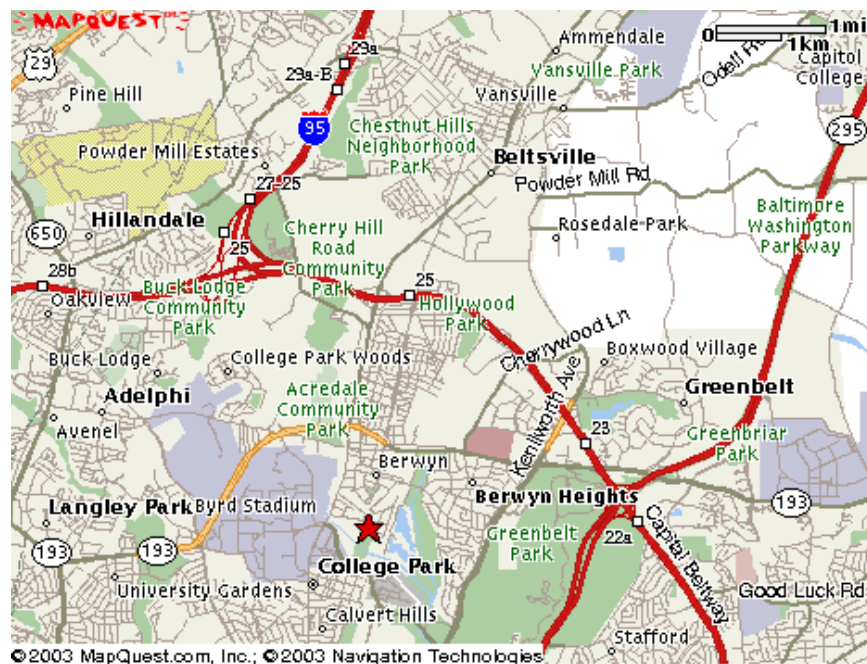
Follow 95 south. After the Beltsville exit, 95 merges with 495. Two lanes turn right and two lanes turn left. Stay in the right lanes, but stay in the second right hand lane. Exit 25 for College Park is on the merging ramp. It is a left hand turn; that is why you want to stay in the second lane. This will bring you onto 495 and you take to 495 exit 25b south Baltimore Ave (Rt 1) towards College Park.

**Southbound on 495:**

Follow the beltway to exit 25b. This will put you onto Baltimore Ave (Rt.1)

**All From Baltimore Ave (Rt.1):**

1. Proceed approximately 3 miles to College Park (McDonald's/Burger King/Ford Dealer).
2. Turn Left onto Lakeland Road (next light past College Park Fire House)
3. Turn Right at the second stop sign. (park on right)
4. This road will bend and go right to College Park Community Center & Paint Branch Elementary.



**HOTELS:** Complete list of area hotels

**Forms available for downloading at College Park Judo Club Web Site:** <http://collegeparkjudo.org>

# Judo Kata Clinic Entry Form

USJF SANCTION NO: 12-06-01

Payment:

Cash/Check/Credit/MO

Amount: \$25.00 / \$35.00

## Registration Check list (send these items):

- Signed Clinic Application
- Signed Waiver
- Copy of your current USJF, USJI, or USJA membership card
- Entry Fee (check, credit card, or money order. Do not mail cash)

Contestant's Name \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ St. \_\_\_\_\_ Zip \_\_\_\_\_ Tel. # \_\_\_\_\_

Judo Club: \_\_\_\_\_ Rank: \_\_\_\_\_

Card # (USJI, USJA, USJF) \_\_\_\_\_ Expiration Date: \_\_\_\_\_

If assistance/accommodation is needed (check the appropriate box):  Vision Loss/Blindness  Hearing Loss/Deafness

Type of assistance/accommodation requested or name of person assisting: \_\_\_\_\_

Credit Card: VISA or Master Card Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Record Driver's License Number: \_\_\_\_\_ State: \_\_\_\_\_

**I certify that all of the above information is correct.**

Contestant's Printed Name	Contestant's Signature	Date
Parent/Guardian's Printed Name	Parent/Guardian's Signature	Date

**WARNING!**  
**WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE**

In consideration of being permitted to participate in any way, including travel to and from, in any Judo tournament, practice, clinic, and related events and activities ("Activity") of the **United States Judo Federation, Inc., USA Judo/United States Judo, Inc., United States Judo Association, Inc., Shufu Judo Yudanshakai, Inc., Maryland Judo, Inc., College Park Community Center, Maryland National Capital Park and Planning, and the College Park Judo Club**, I agree:

1. I understand the nature of Judo activities and believe I am qualified to participate in such Activity. I also understand the rules governing the sport of Judo.
2. I further acknowledge that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.
3. I acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, illness or disease, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, illness, disease, permanent disability, or death.
5. I hereby release, waive, discharge and covenant not to sue the **United States Judo Federation, Inc., USA Judo/United States Judo, Inc., United States Judo Association, Inc., Shufu Judo Yudanshakai, Inc., Maryland Judo, Inc., College Park Community Center, Maryland National Capital Park and Planning, and the College Park Judo Club**, together with their affiliated clubs, their respective administrators, directors, officers, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, legal guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event, all of whom are hereinafter referred to as "Releasees", from any and all litigation expenses, attorney fees, loss, liability, damage or costs on account of injury, illness, disease, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligent acts or omissions of the Releasees or otherwise to the fullest extent permitted by law.

**I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/LEGAL GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW. I INTEND THIS TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING SHALL CONTINUE IN FULL FORCE AND EFFECT.**

\_\_\_\_\_  
Participant

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Date

**FOR PARENTS/LEGAL GUARDIANS OF PARTICIPANTS OF MINORITY AGE  
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/legal guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation including litigation expenses, attorney fees, loss, liability, damage or costs which may incur as the result of the minor child's participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

\_\_\_\_\_  
Parent/Legal Guardian

\_\_\_\_\_  
Parent/Legal Guardian's Signature

\_\_\_\_\_  
Date